

AST Midwintertest 2025
Aalst, 20/12/2025

1 - Open voorbereidingswedstrijd voor de winterkampioenschappen

20/12/2025 - 14:00

Programmanr. 1
20/12/2025 - 14:00

Dames, 100m vlinderslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang				Inscr.	Tijd	Pnt
1.	Engelen Floor			DBT/21146/12	1:11.46	1:10.84 472
	50m:	32.57	100m:	1:10.84		
2.	Van Den Bremt Sarah			AZL/21085/10	1:10.97	1:12.06 449
	50m:	32.71	100m:	1:12.06		
3.	Guisset Jelle			AST/21057/10	1:13.13	1:13.04 431
	50m:	33.21	100m:	1:13.04		
4.	Jacobs Lotte			ZVL/21061/09	1:12.60	1:14.42 407
	50m:	33.99	100m:	1:14.42		
5.	Van Reeth Lieze			ZVL/21093/11	1:14.44	1:14.93 399
	50m:	33.89	100m:	1:14.93		
6.	Ruyssinck Diede			ZNA/21271/10	1:12.44	1:14.96 398
	50m:	34.33	100m:	1:14.96		
7.	De Groote Liesl			ZNA/21537/10	1:19.43	1:17.61 359
	50m:	34.93	100m:	1:17.61		
8.	Caenepeel Aimée			ISWIM/21111/11	1:15.80	1:17.90 355
	50m:	35.36	100m:	1:17.90		
9.	Quartier Philine			ISWIM/21094/09	1:17.58	1:21.00 316
	50m:	35.79	100m:	1:21.00		
10.	De Vocht Anne-Julie			ZS/21119/11	1:21.15	1:21.26 313
	50m:	35.10	100m:	1:21.26		
11.	De Wolf Tine			AST/21058/09	1:22.05	1:21.29 312
	50m:	35.18	100m:	1:21.29		
12.	Wyffels Louise Marie			DDAT/21150/13	1:21.72	1:21.31 312
	50m:	35.92	100m:	1:21.31		
13.	De Wilde Margot			DIZV/21131/13	1:29.48	1:25.68 267
	50m:	39.26	100m:	1:25.68		
14.	Kolicheva Kataleya			AST/21076/14	1:28.83	1:29.36 235
	50m:	40.02	100m:	1:29.36		
15.	Volders Ella			ZVL/21130/13	1:38.97	1:40.17 167
	50m:	42.45	100m:	1:40.17		
16.	Vermeir Josefien			DDAT/21171/13	1:50.09	1:50.61 124
	50m:	50.97	100m:	1:50.61		

Programmanr. 2
20/12/2025 - 14:05

Heren, 100m vlinderslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang				Inscr.	Tijd	Pnt
1.	Dufloucq Seppe			ISWIM/11066/06	1:00.85	1:02.91 485
	50m:	28.56	100m:	1:02.91		
2.	Vandenberghe Simon			ISWIM/11070/09	1:03.24	1:05.53 429
	50m:	30.28	100m:	1:05.53		
3.	Bakx Warre			ZCK/12095/10	1:08.03	1:05.57 428
	50m:	29.63	100m:	1:05.57		

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Programmanr. 2, Heren, 100m vlinderslag, open leeftijdsgroep

Rang				Inscr.	Tijd	Pnt
4.	Vincent Rune			ISWIM/11106/12	1:10.04	1:08.95 368
	50m:	32.24	100m:	1:08.95		
5.	Van Loon Bas			ZCK/12122/10	1:10.49	1:11.21 334
	50m:	31.39	100m:	1:11.21		
6.	Van Daele Sem			ISWIM/11109/08	1:07.68	1:12.80 313
	50m:	32.40	100m:	1:12.80		
7.	De Bruyne Sander			ISWIM/11139/13	1:16.46	1:17.68 257
	50m:	36.01	100m:	1:17.68		
8.	Verherstraeten Kobe			DIZV/11104/10	1:17.98	1:17.96 255
	50m:	35.04	100m:	1:17.96		
9.	Havrin Liam			RZV/11148/13	1:31.22	1:24.69 199
	50m:	38.97	100m:	1:24.69		
10.	Verhaevert Fen			ZNA/11481/13	NT	1:32.63 152
	50m:	40.96	100m:	1:32.63		
dis	Lebbe Ilan			disZNA/11311/12	NT	
	<i>SW 4.4 - valse start</i>					

Programmanr. 3
20/12/2025 - 14:09

Dames, 100m rugslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang				Inscr.	Tijd	Pnt
1.	De Bruyne Silke			ISWIM/21138/11	1:14.68	1:14.10 458
	50m:	36.16	100m:	1:14.10		
2.	Maes Noor			AST/21062/11	1:12.70	1:14.35 453
	50m:	35.95	100m:	1:14.35		
3.	Tyvaert Manon			ISWIM/21078/08	1:13.14	1:14.65 448
	50m:	36.38	100m:	1:14.65		
4.	Landrieu Nora			ZIOS/21100/10	1:16.69	1:14.86 444
	50m:	36.02	100m:	1:14.86		
5.	Dekein Yuta			ISWIM/21092/12	1:16.08	1:15.83 427
	50m:	36.87	100m:	1:15.83		
6.	Trioen Joke			DDAT/20279/02	1:14.78	1:16.14 422
	50m:	37.62	100m:	1:16.14		
7.	Wachtelaer Charlot			AST/21051/10	1:17.81	1:16.33 419
	50m:	37.06	100m:	1:16.33		
8.	Verret Julie			ZS/21124/12	1:16.67	1:16.49 416
	50m:	37.45	100m:	1:16.49		
9.	Schellemans Charlotte			ZVL/21082/10	1:14.07	1:17.79 396
	50m:	36.31	100m:	1:17.79		
10.	Bayens Nina			ZNA/21544/12	1:19.65	1:19.13 376
	50m:	37.95	100m:	1:19.13		
11.	Franckx Margaux			DDAT/21132/11	1:16.86	1:19.41 372
	50m:	38.62	100m:	1:19.41		
12.	Maes Hanne			AST/21068/13	1:21.57	1:19.76 367
	50m:	40.15	100m:	1:19.76		
13.	Osselaer Geike			ZNA/21373/12	1:21.23	1:19.91 365
	50m:	38.97	100m:	1:19.91		

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 3, Dames, 100m rugslag, open leeftijdsgroep

Rang					Inscr.	Tijd	Pnt
14.	Osselaer Kato				ZNA/21337/10	1:19.13	1:20.47 357
	50m:	38.96	100m:	1:20.47			
15.	Nuytkens Marie				ZCK/22113/13	1:23.13	1:20.58 356
	50m:	38.19	100m:	1:20.58			
16.	Van Camberg Elena				DDAT/21119/10	1:18.00	1:21.68 342
	50m:	39.26	100m:	1:21.68			
17.	Guldemont Nell				ZNA/21546/11	1:25.20	1:22.53 331
	50m:	39.73	100m:	1:22.53			
18.	Jacobs Laurien				ZCK/22082/08	1:22.50	1:22.82 328
	50m:	39.49	100m:	1:22.82			
19.	Tyvaert Babette				ISWIM/21121/14	1:24.40	1:23.74 317
	50m:	40.23	100m:	1:23.74			
20.	Dekein Marthe				ISWIM/21116/14	1:26.48	1:26.59 287
	50m:	42.09	100m:	1:26.59			
21.	Kemseke Jenne				ZNA/21378/11	1:29.36	1:26.95 283
	50m:	41.91	100m:	1:26.95			
22.	Lytvyniuk-Hul Sofia				ZS/21136/14	1:30.50	1:27.00 283
	50m:	41.81	100m:	1:27.00			
23.	Derudder Leah				ISWIM/21117/14	1:31.86	1:28.59 268
	50m:	45.81	100m:	1:28.59			
24.	Vermoesen Estée				DDAT/21169/12	1:30.41	1:28.94 265
	50m:	42.54	100m:	1:28.94			
25.	Jacob Emma				ZNA/21412/13	1:34.17	1:29.19 262
	50m:	44.42	100m:	1:29.19			
26.	Badidi Chahd				ZNA/21442/12	1:30.74	1:29.29 261
	50m:	43.27	100m:	1:29.29			
27.	Fleerackers Laura				ZS/21147/14	1:40.29	1:32.60 234
	50m:	44.25	100m:	1:32.60			
28.	Vanderoost Clara				DIZV/21148/13	1:41.99	1:33.76 226
	50m:	44.25	100m:	1:33.76			
29.	Schaerlaeken Noor				ZCK/22121/13	NT	1:34.67 219
	50m:	44.84	100m:	1:34.67			
30.	Huylebroeck Telma				ZNA/21520/14	NT	1:36.00 210
	50m:	46.80	100m:	1:36.00			
31.	Duytschaeve Lotte				ZNA/21474/12	1:50.02	1:37.66 200
	50m:	46.62	100m:	1:37.66			
32.	Van Audenhove Laure				ZNA/21482/13	NT	1:38.27 196
	50m:	45.57	100m:	1:38.27			
33.	Vandorpe Amber				ZNA/21477/13	1:38.62	1:39.12 191
	50m:	47.05	100m:	1:39.12			
34.	Schaerlaeken Lana				ZCK/22111/11	NT	1:39.68 188
	50m:	48.01	100m:	1:39.68			
35.	De Saeger Julie				ZCK/22142/10	NT	1:44.20 164
	50m:	50.91	100m:	1:44.20			
36.	Van Calenbergh Lena				ZNA/21521/14	NT	1:49.77 140
	50m:	52.60	100m:	1:49.77			
dis	De Troyer Elise				disZNA/21530/10	1:20.46	
	SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging						

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Programmanr. 3, Dames, 100m rugslag, open leeftijdsgroep

Rang	Inschr.	Tijd	Pnt
FF Talhaoui Hana	FFZNA/21406/14	NT	

Programmanr. 4
20/12/2025 - 14:22

Heren, 100m rugslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang	Inschr.	Tijd	Pnt
1. De Ridder Arne	ZS/11140/12	1:07.24	1:06.05 476
50m: 32.01 100m: 1:06.05			
2. Dehaene Jule	ISWIM/11069/09	1:05.47	1:06.26 472
50m: 31.60 100m: 1:06.26			
3. Wojciula Tymon	ZNA/11416/11	1:08.13	1:06.49 467
50m: 32.42 100m: 1:06.49			
4. Doomen Marnix	ZVL/11080/09	1:07.14	1:07.32 450
50m: 32.07 100m: 1:07.32			
5. Beernaert Daan	FIRST/11314/10	1:09.57	1:08.35 430
50m: 33.16 100m: 1:08.35			
6. Seghers Michiel	DDAT/11098/07	1:08.86	1:08.56 426
50m: 32.99 100m: 1:08.56			
7. Van Neer Lowiek	SWEM/11069/10	1:09.97	1:10.84 386
50m: 34.48 100m: 1:10.84			
8. Claeys Ybo	ISWIM/11101/13	1:17.86	1:15.44 319
50m: 36.18 100m: 1:15.44			
9. Dierckx Andreas	ISWIM/11093/12	1:19.58	1:16.00 312
50m: 36.97 100m: 1:16.00			
10. Maes Jordy	AZL/31020/03	1:14.56	1:16.06 312
50m: 37.39 100m: 1:16.06			
11. Berville Brice	ISWIM/11112/12	1:22.52	1:17.86 291
50m: 38.07 100m: 1:17.86			
12. Houthoofd Thibaud	RZV/11144/12	1:17.87	1:18.35 285
50m: 38.21 100m: 1:18.35			
13. Behey Mathis	ISWIM/11113/12	1:20.07	1:18.63 282
50m: 38.19 100m: 1:18.63			
14. Blondeel Nils	ZNA/11494/13	NT	1:18.67 282
50m: 36.73 100m: 1:18.67			
15. Peeters Samuel	ZS/11133/12	1:27.21	1:24.34 229
50m: 40.81 100m: 1:24.34			
16. Verstrynge Oscar	DIZV/11154/11	1:30.87	1:27.29 206
50m: 42.73 100m: 1:27.29			
17. Bossuyt Lias	DIZV/11146/12	1:31.05	1:27.51 205
50m: 42.96 100m: 1:27.51			
18. Props Lukas	DIZV/11147/13	1:35.61	1:30.98 182
50m: 46.55 100m: 1:30.98			
19. Vanderwee Mattias	ZCK/12137/12	NT	1:33.81 166
50m: 44.53 100m: 1:33.81			
20. Verhaevert Fen	ZNA/11481/13	NT	1:35.12 159
50m: 47.18 100m: 1:35.12			
21. Lanckman Cas	ZNA/11519/14	1:43.81	1:38.53 143
50m: 48.66 100m: 1:38.53			

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Programmanr. 4, Heren, 100m rugslag, open leeftijdsgroep

Rang				Inschr.	Tijd	Pnt
22.	Haezebrouck Thijs			DIZV/11139/13	1:38.40	1:39.86 137
	50m:	47.77	100m:			
FF	Van Den Brecht Mathias			FFAZL/11097/11	1:23.08	
FF	Talhaoui Maher			FFZNA/11405/12	1:28.17	

Programmanr. 5
20/12/2025 - 14:29

Dames, 100m schoolslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang				Inschr.	Tijd	Pnt
1.	Donin Manon			ZIOS/21069/08	1:15.69	1:19.13 532
	50m:	36.33	100m:			
2.	Verniers Nime			ZS/21114/11	1:25.28	1:23.03 460
	50m:	39.98	100m:			
3.	Van Der Meeren Lotte			DDAT/21118/10	1:19.41	1:23.50 453
	50m:	38.41	100m:			
4.	Bullen Lotte			ZNA/21538/11	1:24.31	1:25.09 428
	50m:	40.01	100m:			
5.	Vanderbeke Hasse			AST/21052/08	1:27.46	1:25.28 425
	50m:	41.53	100m:			
6.	Legrand Alicia			ZNA/21411/12	1:23.82	1:25.63 420
	50m:	40.20	100m:			
7.	Eelbode Emelie			ZNA/21374/12	1:31.16	1:26.16 412
	50m:	41.43	100m:			
8.	Van Den Brecht Sarah			AZL/21085/10	1:34.42	1:26.57 406
	50m:	39.98	100m:			
9.	Claeys Inna			ISWIM/21085/11	1:28.77	1:27.13 398
	50m:	41.39	100m:			
10.	Reychler Jinne			ZNA/21342/09	1:26.79	1:28.45 381
	50m:	40.85	100m:			
11.	Vandermarliere Juna			ISWIM/21090/11	1:25.93	1:28.54 379
	50m:	41.18	100m:			
12.	Verherstraeten Lore			DIZV/21108/11	1:28.93	1:28.75 377
	50m:	41.38	100m:			
13.	Hauspie Nore			ISWIM/21110/10	1:29.41	1:30.12 360
	50m:	42.32	100m:			
14.	De Prater Juno			DDAT/21148/11	1:32.25	1:30.15 359
	50m:	41.62	100m:			
15.	Van Nieuwenhuyse Lotte			ZNA/21414/12	1:30.94	1:31.65 342
	50m:	43.18	100m:			
16.	Biesemans Jana			ZIOS/21109/13	1:34.22	1:32.57 332
	50m:	42.03	100m:			
17.	Verdood Pip			ZVL/21086/11	1:31.89	1:33.10 326
	50m:	43.46	100m:			
18.	Osselaer Kato			ZNA/21337/10	1:23.89	1:34.41 313
	50m:	44.91	100m:			
19.	Debaets Elien			AZL/21118/13	1:38.65	1:34.44 313
	50m:	43.27	100m:			

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 5, Dames, 100m schoolslag, open leeftijdsgroep

Rang					Inshr.	Tijd	Pnt
20.	Van Hoomissen Chelsea	ZCK/22112/12	1:44.02	1:38.95	272		
	50m: 46.57 100m: 1:38.95						
21.	Hoebecck Tinne	ZNA/21330/10	1:43.14	1:40.37	260		
	50m: 46.90 100m: 1:40.37						
22.	De Wilde Lore	DIZV/21127/11	1:39.69	1:40.82	257		
	50m: 47.36 100m: 1:40.82						
23.	Vanderoost Anna	DIZV/21152/14	1:46.07	1:43.28	239		
	50m: 50.30 100m: 1:43.28						
24.	Moxhet Tess	DIZV/21133/13	1:45.84	1:43.75	236		
	50m: 49.56 100m: 1:43.75						
25.	Vandewalle Hélène	RZV/21183/13	NT	1:44.09	233		
	50m: 48.63 100m: 1:44.09						
26.	El Hachimi Nora	DIZV/21155/13	NT	1:44.48	231		
	50m: 48.70 100m: 1:44.48						
27.	Deneef Ella	ZNA/21473/13	1:48.36	1:46.00	221		
	50m: 50.68 100m: 1:46.00						
28.	Vellemans Lore	ZNA/21475/13	1:49.41	1:46.69	217		
	50m: 51.87 100m: 1:46.69						
29.	La Marca Emma	DIZV/21159/13	1:47.72	1:47.65	211		
	50m: 52.30 100m: 1:47.65						
30.	Clabaut Elina	DIZV/21156/14	1:56.41	1:48.79	204		
	50m: 52.26 100m: 1:48.79						
31.	Van Calenbergh Lena	ZNA/21521/14	2:00.24	1:59.51	154		
	50m: 57.29 100m: 1:59.51						

Programmanr. 6
20/12/2025 - 14:38

Heren, 100m schoolslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang					Inshr.	Tijd	Pnt
1.	van Groenigen Karsten	STZ/11069/08	1:04.72	1:04.98	670		
	50m: 30.27 100m: 1:04.98						
2.	Dekyvere Mathias	ZNA/11540/09	1:15.03	1:15.00	436		
	50m: 34.56 100m: 1:15.00						
3.	De Peyper Mats	ZIOS/11113/11	1:20.29	1:15.68	424		
	50m: 35.42 100m: 1:15.68						
4.	Vanderhaeghe Antwan	ISWIM/11097/09	1:16.20	1:16.69	408		
	50m: 34.76 100m: 1:16.69						
5.	Vanstechelman Lucas	DDAT/11136/11	1:18.41	1:17.89	389		
	50m: 36.72 100m: 1:17.89						
6.	Pauwels Millau	ISWIM/11086/11	1:18.67	1:18.99	373		
	50m: 36.85 100m: 1:18.99						
7.	Waltniel Nand	ZNA/11543/10	1:18.96	1:20.09	358		
	50m: 37.35 100m: 1:20.09						
8.	Hauspie Niel	ISWIM/11114/13	1:20.73	1:20.48	353		
	50m: 38.01 100m: 1:20.48						
9.	Ahallal Adam	ZNA/11274/09	1:21.09	1:21.74	336		
	50m: 37.51 100m: 1:21.74						

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Programmanr. 6, Heren, 100m schoolslag, open leeftijdsgroep

Rang					Inschr.	Tijd	Pnt
10.	Waltniel Bavo				ZNA/11542/12	1:24.83	331
	50m:	39.03	100m:	1:22.20			
11.	Delcoigne Nathan				DDAT/11138/11	1:23.00	325
	50m:	38.66	100m:	1:22.72			
12.	Meul Rune				ISWIM/11119/13	1:25.68	317
	50m:	39.42	100m:	1:23.40			
13.	De Backer Rune				ZNA/11329/11	1:22.85	314
	50m:	39.06	100m:	1:23.64			
14.	Ter-Eganyan Arman				ZNA/11415/12	1:25.65	305
	50m:	40.67	100m:	1:24.50			
15.	De Donder Thor				ZNA/11376/12	1:24.30	301
	50m:	40.54	100m:	1:24.78			
16.	Van Den Bremt Mathias				AZL/11097/11	NT	298
	50m:	39.53	100m:	1:25.11			
17.	Rogiers Jack				ISWIM/11124/14	1:33.54	220
	50m:	44.33	100m:	1:34.20			
18.	De Mesmaeker Loann				DDAT/11149/13	1:33.99	218
	50m:	44.26	100m:	1:34.43			
19.	Van Calenbergh Nathan				ZNA/11478/12	1:45.45	192
	50m:	45.66	100m:	1:38.47			
20.	Blondeel Nils				ZNA/11494/13	NT	175
	50m:	45.67	100m:	1:41.68			
21.	Debolle Kyan				ZNA/11387/13	NT	157
	50m:	49.52	100m:	1:45.32			
22.	Buelens Ruud				ZNA/11480/13	1:50.60	136
	50m:	50.20	100m:	1:50.37			
dis	Windels Maxent				disRZV/11189/14	NT	
	SW 7.1.a - meer dan één vlinderslag beenbeweging uitgevoerd na S of KP						

Programmanr. 7
20/12/2025 - 14:45

Dames, 100m vrije slag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang					Inschr.	Tijd	Pnt
1.	Callewaert Jackie				ISWIM/21108/08	1:01.52	577
	50m:	29.83	100m:	1:02.11			
2.	Tyvaert Manon				ISWIM/21078/08	1:02.82	466
	50m:	32.22	100m:	1:06.66			
3.	De Groote Liesl				ZNA/21537/10	1:06.62	433
	50m:	33.30	100m:	1:08.31			
4.	De Becker Loren				ZS/21043/07	1:06.34	431
	50m:	33.11	100m:	1:08.42			
5.	Van Dorpe Ada				ZNA/21372/11	1:09.49	411
	50m:	33.28	100m:	1:09.50			
6.	De Sitter Kira				ZCK/22115/12	1:20.11	400
	50m:	33.17	100m:	1:10.18			
7.	De Troyer Elise				ZNA/21530/10	1:09.10	392
	50m:	33.90	100m:	1:10.60			

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 7, Dames, 100m vrije slag, open leeftijdsgroep

Rang				Inscr.	Tijd	Pnt
8.	Guldemont Nell			ZNA/21546/11	1:11.41	1:11.81 373
	50m:	33.25	100m:	1:11.81		
9.	Deneef Ella			ZNA/21473/13	1:16.36	1:14.30 337
	50m:	34.98	100m:	1:14.30		
10.	Tronckoe Bente			DDAT/21167/13	1:23.02	1:18.71 283
	50m:	35.56	100m:	1:18.71		
11.	Van Audenhove Laure			ZNA/21482/13	1:23.37	1:27.99 202
	50m:	39.53	100m:	1:27.99		
12.	Vandewalle Hélène			RZV/21183/13	1:37.45	1:30.38 187
	50m:	41.65	100m:	1:30.38		
FF	Ciobanu Anastasia			FFDDAT/21112/09	1:01.97	
FF	Nsubuga Sofia			FFDDAT/21172/11	1:06.03	

Programmanr. 8
20/12/2025 - 14:49

Heren, 100m vrije slag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang				Inscr.	Tijd	Pnt
1.	Laureyssens Daniel			ZS/11001/04	50.70	51.19 744
	50m:	24.19	100m:	51.19		
2.	Caudron Xibe			ZNA/11331/08	57.11	56.29 560
	50m:	26.86	100m:	56.29		
3.	Seys Wout			ISWIM/11076/10	55.26	57.05 538
	50m:	27.15	100m:	57.05		
4.	Catry Gaetan			ZNA/11253/09	58.23	57.79 517
	50m:	27.40	100m:	57.79		
5.	Cherretté Balder			AST/11056/10	59.85	58.82 490
	50m:	28.53	100m:	58.82		
6.	Hooghe Mauro			ISWIM/11087/11	1:01.65	59.29 479
	50m:	28.98	100m:	59.29		
7.	Wachtelaer Celle			AST/11061/12	59.43	1:00.05 461
	50m:	29.17	100m:	1:00.05		
8.	Volckaert Thomas			ZIOS/11106/10	1:00.37	1:00.48 451
	50m:	28.85	100m:	1:00.48		
9.	De Backer Brent			ZIOS/11101/10	1:04.55	1:00.91 442
	50m:	28.45	100m:	1:00.91		
10.	Verhaevert Nan			ZNA/11328/10	1:03.69	1:01.70 425
	50m:	29.15	100m:	1:01.70		
11.	Poppe Warre			AZL/11112/11	1:04.14	1:02.26 413
	50m:	30.23	100m:	1:02.26		
12.	Wojciula Tymon			ZNA/11416/11	58.80	1:04.22 377
	50m:	31.54	100m:	1:04.22		
13.	Janssoone Dennis			ZNA/11269/09	1:03.84	1:04.62 370
	50m:	30.72	100m:	1:04.62		
14.	Bombeec Mathias			ZNA/11417/12	1:09.04	1:06.05 346
	50m:	31.08	100m:	1:06.05		
15.	Osselaer Elano			ZNA/11371/11	1:07.89	1:06.66 337
	50m:	31.47	100m:	1:06.66		

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 8, Heren, 100m vrije slag, open leeftijdsgroep

Rang					Inschr.	Tijd	Pnt
16.	Ter-Eganyan Arman				ZNA/11415/12	1:10.71	1:10.99 279
	50m:	32.74	100m:	1:10.99			
17.	Vandepitte Kyan				DDAT/11158/13	1:20.13	1:15.60 231
	50m:	35.81	100m:	1:15.60			
18.	Lebbe Ilan				ZNA/11311/12	1:23.60	1:18.75 204
	50m:	36.18	100m:	1:18.75			
19.	Van Calenbergh Nathan				ZNA/11478/12	1:27.10	1:20.06 194
	50m:	38.80	100m:	1:20.06			
20.	Buelens Ruud				ZNA/11480/13	1:22.48	1:20.86 188
	50m:	39.12	100m:	1:20.86			
21.	Lauckman Cas				ZNA/11519/14	1:30.76	1:28.12 145
	50m:	43.30	100m:	1:28.12			
FF	Verroken Gerben				FFZIOS/11130/08	54.82	
FF	Talhaoui Maher				FFZNA/11405/12	1:12.62	

Programmanr. 9
20/12/2025 - 14:55

Dames, 200m wisselslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang						Inschr.	Tijd	Pnt
1.	De Backer Birgit					ZIOS/21066/09	2:35.88	2:34.93 539
	50m:	33.51	100m:	1:13.35	150m:	2:00.48	200m:	2:34.93
2.	Wachtelaer Charlot					AST/21051/10	2:44.06	2:44.23 452
	50m:	35.76	100m:	1:19.51	150m:	2:07.61	200m:	2:44.23
3.	Van De Winkel Lola					AZL/21106/12	2:45.03	2:45.50 442
	50m:	34.49	100m:	1:18.56	150m:	2:06.24	200m:	2:45.50
4.	Guisset Jelle					AST/21057/10	2:36.91	2:45.96 438
	50m:	34.83	100m:	1:18.14	150m:	2:09.37	200m:	2:45.96
5.	Van Den Bergh Anna					ZS/21116/10	2:49.00	2:46.32 436
	50m:	37.85	100m:	1:22.47	150m:	2:09.07	200m:	2:46.32
6.	Franckx Margaux					DDAT/21132/11	2:52.09	2:52.35 391
	50m:	35.67	100m:	1:19.87	150m:	2:11.02	200m:	2:52.35
7.	Legrand Alicia					ZNA/21411/12	2:55.87	2:52.45 391
	50m:	40.11	100m:	1:25.29	150m:	2:11.65	200m:	2:52.45
8.	Barragan Nena					DDAT/21123/10	2:49.06	2:58.22 354
	50m:	35.99	100m:	1:22.69	150m:	2:17.66	200m:	2:58.22
9.	Lesseliers Emily					ZS/21113/13	3:00.67	2:59.43 347
	50m:	39.53	100m:	1:24.87	150m:	2:19.09	200m:	2:59.43
10.	Ndiaye Mai					DDAT/21170/14	3:08.65	2:59.67 345
	50m:	38.09	100m:	1:24.87	150m:	2:17.40	200m:	2:59.67
11.	Maes Hanne					AST/21068/13	3:01.19	3:00.03 343
	50m:	38.38	100m:	1:23.48	150m:	2:20.59	200m:	3:00.03
12.	Delcoigne Ella					DDAT/21161/14	3:09.59	3:01.95 333
	50m:	37.48	100m:	1:24.15	150m:	2:20.84	200m:	3:01.95
13.	Kolicheva Kataleya					AST/21076/14	3:02.85	3:04.28 320
	50m:	41.32	100m:	1:31.97	150m:	2:26.10	200m:	3:04.28
14.	Lytvyniuk-Hul Sofia					ZS/21136/14	3:12.27	3:08.15 301
	50m:	42.47	100m:	1:28.82	150m:	2:26.24	200m:	3:08.15

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 9, Dames, 200m wisselslag, open leeftijdsgroep

Rang							Inschr.	Tijd	Pnt
15.	Derudder Leah						ISWIM/21117/14	3:29.70	3:14.29 273
	50m:	43.63	100m:	1:34.34	150m:	2:31.55	200m:	3:14.29	
16.	Duytschaever Lotte						ZNA/21474/12	NT	3:26.96 226
	50m:	51.80	100m:	1:44.57	150m:	2:43.74	200m:	3:26.96	
17.	Fleerackers Laura						ZS/21147/14	NT	3:34.78 202
	50m:	54.02	100m:	1:47.43	150m:	2:49.06	200m:	3:34.78	
FF	Maes Noor						FFAST/21062/11	2:48.18	

Programmanr. 10
20/12/2025 - 15:07

Heren, 200m wisselslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Laureyssens Lukas						ZS/11059/08	2:14.63	2:15.25 598
	50m:	27.38	100m:	1:01.28	150m:	1:43.92	200m:	2:15.25	
2.	Volckaert Matthias						ZIOS/11067/08	2:18.80	2:21.24 525
	50m:	28.71	100m:	1:03.67	150m:	1:46.16	200m:	2:21.24	
3.	Hooghe Mauro						ISWIM/11087/11	2:25.68	2:27.69 459
	50m:	31.04	100m:	1:08.38	150m:	1:53.49	200m:	2:27.69	
4.	Puttaert Arthur						DDAT/11111/10	2:31.87	2:29.79 440
	50m:	31.86	100m:	1:10.69	150m:	1:54.34	200m:	2:29.79	
5.	Bakx Warre						ZCK/12095/10	2:28.04	2:31.13 429
	50m:	30.36	100m:	1:11.68	150m:	1:54.36	200m:	2:31.13	
6.	Van Loon Bas						ZCK/12122/10	NT	2:36.28 388
	50m:	31.61	100m:	1:13.42	150m:	2:00.90	200m:	2:36.28	
7.	Van den Broeck Lukas						ZNA/11197/08	2:31.78	2:36.58 385
	50m:	33.34	100m:	1:16.91	150m:	2:02.97	200m:	2:36.58	
8.	Berville Brice						ISWIM/11112/12	2:44.40	2:39.69 363
	50m:	35.12	100m:	1:19.34	150m:	2:04.88	200m:	2:39.69	
9.	Tronckoe Kobe						DDAT/11131/11	2:41.05	2:41.14 354
	50m:	33.46	100m:	1:14.07	150m:	2:06.81	200m:	2:41.14	
10.	Behey Mathis						ISWIM/11113/12	2:46.02	2:41.84 349
	50m:	34.84	100m:	1:17.34	150m:	2:06.32	200m:	2:41.84	
11.	Verhasselt Lars						DDAT/11151/11	2:56.75	2:49.92 301
	50m:	36.43	100m:	1:19.74	150m:	2:10.61	200m:	2:49.92	
12.	De Weerd Bent						ZVL/11120/13	2:53.66	2:51.42 294
	50m:	37.06	100m:	1:21.99	150m:	2:12.02	200m:	2:51.42	
13.	De Bruyne Sander						ISWIM/11139/13	2:51.43	2:51.73 292
	50m:	36.46	100m:	1:21.41	150m:	2:13.72	200m:	2:51.73	
14.	Marius Mattis						AST/11070/13	2:54.61	2:56.60 268
	50m:	38.18	100m:	1:23.87	150m:	2:17.82	200m:	2:56.60	
15.	Boel Elias						AZL/11116/13	3:02.83	3:01.15 249
	50m:	41.07	100m:	1:26.16	150m:	2:20.04	200m:	3:01.15	
16.	Lauwens Finn						ZCK/12138/14	3:11.46	3:11.53 210
	50m:	46.06	100m:	1:33.89	150m:	2:30.63	200m:	3:11.53	
17.	Jacquemyns Lewis						DDAT/11175/14	3:36.99	3:35.78 147
	50m:	48.59	100m:	1:44.85	150m:	2:48.21	200m:	3:35.78	
FF	Poppe Warre						FFAZL/11112/11	2:34.99	
FF	De Ridder Leon						FFZNA/11410/12	3:22.75	

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 11
20/12/2025 - 15:18

200m wisselslag

10 jaar
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
10 jaar, Meisjes									
1.	De Donder Flore				AST/21075/15		NT	3:18.50	256
	50m: 44.56	100m: 1:37.68	150m: 2:32.51	200m: 3:18.50					
2.	Huylebroeck Janne				AZL/21142/15		NT	3:35.01	201
	50m: 47.36	100m: 1:40.36	150m: 2:46.86	200m: 3:35.01					
3.	Havrin Maya				RZV/21185/15		NT	3:48.67	167
	50m: 51.00	100m: 1:51.69	150m: 2:54.06	200m: 3:48.67					
FF	Michiels Evelyn				FFDIZV/21153/15			3:57.67	

10 jaar, Jongens

1.	Van Oosterwyck Alexander				ZS/11142/15		3:15.41	3:07.62	224
	50m: 40.29	100m: 1:29.61	150m: 2:24.27	200m: 3:07.62					
2.	Keymeulen Albert				AST/11083/15		NT	3:19.99	185
	50m: 42.46	100m: 1:30.88	150m: 2:33.61	200m: 3:19.99					

Programmanr. 12
20/12/2025 - 15:23

400m vrije slag

10 jaar
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
10 jaar, Meisjes									
1.	Van Laethem Mila				ZNA/21518/15		NT	6:50.03	189
	50m: 42.48	150m: 2:26.79	250m: 4:12.43	350m: 5:59.15					
	100m: 1:33.53	200m: 3:20.74	300m: 5:06.37	400m: 6:50.03					

Programmanr. 13
20/12/2025 - 15:23

Dames, 400m vrije slag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	De Ridder Sterre				ZS/21080/08		4:48.48	4:52.21	522
	50m: 34.82	150m: 1:50.86	250m: 3:05.01	350m: 4:17.38					
	100m: 1:12.70	200m: 2:28.94	300m: 3:41.70	400m: 4:52.21					
2.	Bayens Nina				ZNA/21544/12		5:04.45	5:09.94	438
	50m: 35.00	150m: 1:52.07	250m: 3:11.93	350m: 4:32.21					
	100m: 1:13.56	200m: 2:31.69	300m: 3:52.86	400m: 5:09.94					
3.	Meganck Lio				AST/21063/11		5:30.97	5:11.59	431
	50m: 35.33	150m: 1:55.64	250m: 3:15.79	350m: 4:34.91					
	100m: 1:15.02	200m: 2:35.93	300m: 3:55.80	400m: 5:11.59					
4.	Boterbergh Lieke				AST/21065/12		5:14.43	5:14.36	419
	50m: 35.01	150m: 1:55.34	250m: 3:15.87	350m: 4:35.47					
	100m: 1:14.90	200m: 2:35.83	300m: 3:56.08	400m: 5:14.36					
5.	Osselaer Geike				ZNA/21373/12		5:49.37	5:14.84	417
	50m: 35.64	150m: 1:57.38	250m: 3:18.63	350m: 4:38.18					
	100m: 1:16.32	200m: 2:38.36	300m: 3:58.76	400m: 5:14.84					
6.	Van De Winkel Lola				AZL/21106/12		5:28.12	5:15.69	414
	50m: 35.99	150m: 1:54.90	250m: 3:16.54	350m: 4:37.32					
	100m: 1:15.04	200m: 2:35.57	300m: 3:57.38	400m: 5:15.69					

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Programmanr. 13, Dames, 400m vrije slag, open leeftijdsgroep

Rang							Inshr.	Tijd	Pnt
7.	Vander Mijnsbrugge Lore				AZL/21109/12	5:39.33		5:15.72	414
	50m:	36.23	150m:	1:56.78	250m:	3:18.28	350m:	4:39.78	
	100m:	1:15.70	200m:	2:36.65	300m:	3:59.36	400m:	5:15.72	
8.	Barragan Nena				DDAT/21123/10	5:13.39		5:26.34	375
	50m:	36.31	150m:	1:59.20	250m:	3:22.73	350m:	4:46.60	
	100m:	1:17.20	200m:	2:40.93	300m:	4:04.72	400m:	5:26.34	
9.	Jacobs Laurien				ZCK/22082/08	5:45.66		5:33.04	353
	50m:	36.03	150m:	1:59.75	250m:	3:26.48	350m:	4:52.60	
	100m:	1:16.70	200m:	2:42.62	300m:	4:09.85	400m:	5:33.04	
10.	Van Dorpe Ada				ZNA/21372/11	5:59.10		5:37.17	340
	50m:	36.12	150m:	1:59.82	250m:	3:27.70	350m:	4:56.45	
	100m:	1:17.10	200m:	2:43.42	300m:	4:12.23	400m:	5:37.17	
11.	Ndiaye Maï				DDAT/21170/14	5:46.59		5:38.75	335
	50m:	37.88	150m:	2:05.56	250m:	3:32.65	350m:	4:57.71	
	100m:	1:21.13	200m:	2:49.06	300m:	4:15.81	400m:	5:38.75	
12.	Jacob Emma				ZNA/21412/13	6:03.31		5:47.76	310
	50m:	39.08	150m:	2:07.93	250m:	3:37.55	350m:	5:08.24	
	100m:	1:22.88	200m:	2:52.87	300m:	4:22.82	400m:	5:47.76	
13.	Delcoigne Ella				DDAT/21161/14	5:56.43		5:48.48	308
	50m:	38.64	150m:	2:06.68	250m:	3:36.94	350m:	5:06.62	
	100m:	1:21.76	200m:	2:51.57	300m:	4:22.10	400m:	5:48.48	
14.	Badidi Chahd				ZNA/21442/12	NT		5:56.77	287
	50m:	40.41	150m:	2:10.88	250m:	3:43.17	350m:	5:14.40	
	100m:	1:25.20	200m:	2:57.23	300m:	4:29.14	400m:	5:56.77	
15.	Van Nieuwenhuyse Lotte				ZNA/21414/12	6:29.15		5:57.06	286
	50m:	39.75	150m:	2:10.20	250m:	3:42.30	350m:	5:14.25	
	100m:	1:24.49	200m:	2:56.10	300m:	4:29.31	400m:	5:57.06	
16.	Vermeir Josefien				DDAT/21171/13	NT		6:01.17	276
	50m:	39.35	150m:	2:11.11	250m:	3:45.51	350m:	5:17.23	
	100m:	1:25.46	200m:	2:58.22	300m:	4:31.94	400m:	6:01.17	
17.	Busquart Tina				RZV/21138/12	NT		6:03.38	271
	50m:	39.70	150m:	2:12.08	250m:	3:46.74	350m:	5:18.91	
	100m:	1:25.89	200m:	2:58.56	300m:	4:34.29	400m:	6:03.38	
18.	Dumortier Milla				RZV/21169/13	NT		6:26.11	226
	50m:	43.30	150m:	2:20.04	250m:	3:59.88	350m:	5:38.22	
	100m:	1:30.73	200m:	3:09.51	300m:	4:50.01	400m:	6:26.11	
19.	Schaerlaeken Noor				ZCK/22121/13	NT		6:29.88	220
	50m:	43.03	150m:	2:22.27	250m:	4:03.55	350m:	5:42.63	
	100m:	1:32.22	200m:	3:12.09	300m:	4:53.22	400m:	6:29.88	
20.	Schaerlaeken Lana				ZCK/22111/11	NT		6:53.98	183
	50m:	42.84	150m:	2:25.39	250m:	4:13.03	350m:	6:00.81	
	100m:	1:33.20	200m:	3:18.59	300m:	5:06.68	400m:	6:53.98	

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Aalst, 20/12/2025

Programmanr. 14
20/12/2025 - 15:44

Heren, 400m vrije slag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Mathieu Jack						ZS/11069/07	4:19.77	550
	50m:	29.67	150m:	1:36.37	250m:	2:44.87	350m:	3:54.81	
	100m:	1:02.91	200m:	2:10.71	300m:	3:20.10	400m:	4:28.60	
2.	Ahallal Adam						ZNA/11274/09	4:56.14	396
	50m:	32.19	150m:	1:47.16	250m:	3:05.52	350m:	4:24.43	
	100m:	1:09.08	200m:	2:26.44	300m:	3:44.85	400m:	4:59.56	
3.	Boone Felix						AZL/11111/09	5:05.73	383
	50m:	32.75	150m:	1:48.75	250m:	3:07.14	350m:	4:25.62	
	100m:	1:10.19	200m:	2:27.97	300m:	3:46.65	400m:	5:02.94	
4.	Maes Jordy						AZL/31020/03	5:10.37	375
	50m:	34.82	150m:	1:48.88	250m:	3:06.82	350m:	4:26.43	
	100m:	1:11.44	200m:	2:27.73	300m:	3:46.61	400m:	5:05.13	
5.	Jacquemyns Kobe						DDAT/11137/13	5:10.96	374
	50m:	33.72	150m:	1:50.60	250m:	3:10.13	350m:	4:28.39	
	100m:	1:11.44	200m:	2:30.50	300m:	3:49.39	400m:	5:05.31	
6.	Vernailen Seppe						ZNA/11541/12	5:50.57	352
	50m:	33.83	150m:	1:53.72	250m:	3:12.16	350m:	4:32.56	
	100m:	1:13.07	200m:	2:32.38	300m:	3:52.23	400m:	5:11.62	
7.	De Roos Kasper						ZCK/12132/14	5:23.18	308
	50m:	35.36	150m:	1:57.16	250m:	3:20.68	350m:	4:45.23	
	100m:	1:15.21	200m:	2:39.22	300m:	4:03.75	400m:	5:25.70	
8.	De Mesmaeker Loann						DDAT/11149/13	6:02.20	276
	50m:	36.86	150m:	2:02.97	250m:	3:29.83	350m:	4:56.71	
	100m:	1:20.45	200m:	2:46.61	300m:	4:13.54	400m:	5:37.92	
9.	Debolle Kyan						ZNA/11387/13	NT	235
	50m:	37.12	150m:	2:05.94	250m:	3:40.60	350m:	5:13.07	
	100m:	1:20.47	200m:	2:53.39	300m:	4:27.61	400m:	5:56.42	
10.	Vanderwee Mattias						ZCK/12137/12	NT	179
	50m:	37.27	150m:	2:15.68	250m:	3:58.96	350m:	5:42.18	
	100m:	1:25.21	200m:	3:07.01	300m:	4:51.09	400m:	6:29.90	

Programmanr. 15
20/12/2025 - 15:57

Dames, 400m wisselslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Van Reeth Lieze						ZVL/21093/11	5:48.01	459
	50m:	37.17	150m:	2:05.66	250m:	3:35.97	350m:	5:04.14	
	100m:	1:21.70	200m:	2:48.38	300m:	4:25.84	400m:	5:42.67	
2.	Ruyssinck Diede						ZNA/21271/10	5:41.01	442
	50m:	36.16	150m:	2:05.20	250m:	3:37.03	350m:	5:07.00	
	100m:	1:19.50	200m:	2:49.82	300m:	4:25.21	400m:	5:46.98	
3.	De Bruyne Silke						ISWIM/21138/11	5:48.19	442
	50m:	36.51	150m:	2:08.20	250m:	3:41.12	350m:	5:10.48	
	100m:	1:21.96	200m:	2:51.76	300m:	4:31.04	400m:	5:46.99	
4.	De Wilde Lore						DIZV/21127/11	NT	319
	50m:	41.53	150m:	2:20.19	250m:	4:03.93	350m:	5:44.28	
	100m:	1:31.12	200m:	3:08.50	300m:	4:59.46	400m:	6:26.68	

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 16
20/12/2025 - 16:04

Heren, 400m wisselslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Vandenberghe Simon						ISWIM/11070/09 NT	5:07.91	488
	50m:	31.36	150m:	1:51.76	250m:	3:14.66	350m:	4:34.41	
	100m:	1:09.04	200m:	2:31.86	300m:	3:59.92	400m:	5:07.91	
2.	Persoons Emiel						ZIOS/11078/08 5:08.47	5:14.37	458
	50m:	31.84	150m:	1:52.67	250m:	3:17.97	350m:	4:40.25	
	100m:	1:10.97	200m:	2:32.84	300m:	4:03.68	400m:	5:14.37	
3.	Mertens Gerben						ZVL/11097/11 5:34.02	5:32.56	387
	50m:	36.81	150m:	2:03.84	250m:	3:30.44	350m:	4:55.86	
	100m:	1:19.27	200m:	2:47.26	300m:	4:15.61	400m:	5:32.56	
4.	Puttaert Arthur						DDAT/11111/10 5:30.38	5:33.45	384
	50m:	34.80	150m:	2:01.86	250m:	3:31.48	350m:	4:56.53	
	100m:	1:18.39	200m:	2:44.00	300m:	4:19.00	400m:	5:33.45	
FF	Wijsgeer Viktor						FFZVL/11112/10 5:26.57		

Programmanr. 17
20/12/2025 - 16:11

Dames, 200m vlinderslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Engelen Floor						DBT/21146/12 2:42.01	2:46.23	393
	50m:	34.15	100m:	1:15.99	150m:	1:59.48	200m:	2:46.23	

Programmanr. 18
20/12/2025 - 16:14

Heren, 200m vlinderslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Cherretté Balder						AST/11056/10 2:31.63	2:29.37	403
	50m:	32.52	100m:	1:11.51	150m:	1:52.01	200m:	2:29.37	
2.	Mathieu Jack						ZS/11069/07 NT	2:34.74	362
	50m:	34.98	100m:	1:16.20	150m:	1:56.99	200m:	2:34.74	
3.	Vincent Rune						ISWIM/11106/12 2:37.95	2:38.16	339
	50m:	35.20	100m:	1:15.51	150m:	1:57.27	200m:	2:38.16	
4.	De Ridder Arne						ZS/11140/12 2:48.68	2:42.90	310
	50m:	35.11	100m:	1:15.91	150m:	1:58.68	200m:	2:42.90	
5.	Havrin Liam						RZV/11148/13 NT	3:22.17	162
	50m:	42.35	100m:	1:33.18	150m:	2:27.82	200m:	3:22.17	

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 19
20/12/2025 - 16:18

Dames, 200m rugslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang						Inschr.	Tijd	Pnt
1.	De Backer Birgit				ZIOS/21066/09	2:36.63	2:36.37	488
	50m: 36.66	100m: 1:16.85	150m: 1:56.95	200m: 2:36.37				
2.	Verniers Nime				ZS/21114/11	2:44.97	2:36.88	483
	50m: 37.98	100m: 1:18.26	150m: 1:57.71	200m: 2:36.88				
3.	Landrieu Nora				ZIOS/21100/10	2:43.06	2:39.09	463
	50m: 37.43	100m: 1:18.58	150m: 1:59.43	200m: 2:39.09				
4.	Dekein Yuta				ISWIM/21092/12	2:38.91	2:40.66	450
	50m: 37.32	100m: 1:18.07	150m: 2:00.40	200m: 2:40.66				
5.	Verret Julie				ZS/21124/12	2:44.55	2:42.60	434
	50m: 39.14	100m: 1:20.58	150m: 2:01.91	200m: 2:42.60				
6.	Trioen Joke				DDAT/20279/02	2:37.82	2:43.85	424
	50m: 39.43	100m: 1:21.15	150m: 2:03.57	200m: 2:43.85				
7.	De Becker Loren				ZS/21043/07	2:43.60	2:46.05	407
	50m: 39.38	100m: 1:20.71	150m: 2:03.44	200m: 2:46.05				
8.	Schellemans Charlotte				ZVL/21082/10	2:41.19	2:46.15	407
	50m: 40.17	100m: 1:22.45	150m: 2:04.86	200m: 2:46.15				
9.	Vanderbeke Hasse				AST/21052/08	NT	2:46.51	404
	50m: 40.98	100m: 1:22.91	150m: 2:05.53	200m: 2:46.51				
10.	Caenepeel Aimée				ISWIM/21111/11	2:55.52	2:49.12	386
	50m: 39.83	100m: 1:22.81	150m: 2:06.14	200m: 2:49.12				
11.	Nuytkens Marie				ZCK/22113/13	3:00.91	2:52.79	361
	50m: 40.26	100m: 1:24.91	150m: 2:10.16	200m: 2:52.79				
12.	De Vocht Anne-Julie				ZS/21119/11	2:51.81	2:55.02	348
	50m: 41.46	100m: 1:26.29	150m: 2:11.99	200m: 2:55.02				
13.	Biesemans Jana				ZIOS/21109/13	NT	2:56.39	340
	50m: 40.99	100m: 1:26.79	150m: 2:10.91	200m: 2:56.39				
14.	Tyvaert Babette				ISWIM/21121/14	3:08.77	3:00.00	320
	50m: 42.93	100m: 1:29.96	150m: 2:16.48	200m: 3:00.00				
15.	Lesseliers Emily				ZS/21113/13	3:01.45	3:00.13	319
	50m: 43.71	100m: 1:29.35	150m: 2:14.97	200m: 3:00.13				
16.	Dekein Marthe				ISWIM/21116/14	NT	3:00.68	316
	50m: 42.39	100m: 1:27.87	150m: 2:15.49	200m: 3:00.68				
17.	Clabaut Elina				DIZV/21156/14	NT	3:08.70	277
	50m: 44.41	100m: 1:32.48	150m: 2:21.32	200m: 3:08.70				
18.	El Hachimi Nora				DIZV/21155/13	NT	3:10.07	271
	50m: 45.84	100m: 1:35.26	150m: 2:23.86	200m: 3:10.07				
19.	La Marca Emma				DIZV/21159/13	NT	3:33.15	192
	50m: 49.92	100m: 1:45.10	150m: 2:41.71	200m: 3:33.15				
20.	Vanderoost Anna				DIZV/21152/14	NT	3:38.57	178
	50m: 53.57	100m: 1:48.89	150m: 2:46.39	200m: 3:38.57				
FF	Ciobanu Anastasia				FFDDAT/21112/09	2:35.05		

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 20
20/12/2025 - 16:30

Heren, 200m rugslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Laureyssens Lukas						ZS/11059/08	2:17.76	523
	50m:	32.08	100m:	1:06.89	150m:	1:42.93	200m:	2:18.87	
2.	Seys Wout						ISWIM/11076/10	2:18.79	483
	50m:	33.09	100m:	1:11.49	150m:	1:48.93	200m:	2:22.63	
3.	Dehaene Jule						ISWIM/11069/09	2:21.41	470
	50m:	32.80	100m:	1:10.62	150m:	1:48.66	200m:	2:23.88	
4.	Beernaert Daan						FIRST/11314/10	2:33.64	417
	50m:	35.14	100m:	1:12.83	150m:	1:51.55	200m:	2:29.78	
5.	Doomen Marnix						ZVL/11080/09	2:30.22	398
	50m:	34.90	100m:	1:14.40	150m:	1:54.01	200m:	2:32.14	
6.	Tronckoe Kobe						DDAT/11131/11	2:37.82	374
	50m:	37.25	100m:	1:16.94	150m:	1:56.56	200m:	2:35.25	
7.	De Backer Brent						ZIOS/11101/10	2:38.95	350
	50m:	36.15	100m:	1:15.93	150m:	1:58.08	200m:	2:38.75	
8.	Claeys Ybo						ISWIM/11101/13	2:46.38	332
	50m:	38.95	100m:	1:20.69	150m:	2:02.09	200m:	2:41.49	
9.	De Cock Matz						AZL/11104/10	2:45.88	318
	50m:	38.29	100m:	1:20.39	150m:	2:02.68	200m:	2:43.84	
10.	Dierckx Andreas						ISWIM/11093/12	2:51.07	316
	50m:	39.08	100m:	1:21.25	150m:	2:04.03	200m:	2:44.24	
11.	Houthoofd Thibaud						RZV/11144/12	2:44.38	280
	50m:	40.01	100m:	1:23.54	150m:	2:08.17	200m:	2:50.93	
12.	Peeters Samuel						ZS/11133/12	2:59.21	241
	50m:	42.34	100m:	1:29.01	150m:	2:15.34	200m:	2:59.83	
13.	Boel Elias						AZL/11116/13	3:08.25	239
	50m:	43.02	100m:	1:28.73	150m:	2:14.97	200m:	3:00.19	
14.	Rogiers Jack						ISWIM/11124/14	NT	221
	50m:	44.79	100m:	1:32.13	150m:	2:19.53	200m:	3:05.10	
15.	Vandepitte Kyan						DDAT/11158/13	NT	212
	50m:	44.64	100m:	1:33.16	150m:	2:21.11	200m:	3:07.49	
dis	Meul Rune						dis: ISWIM/11119/13	3:05.41	
	SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging								
FF	De Ridder Leon						FFZNA/11410/12	3:04.70	

Programmanr. 21
20/12/2025 - 16:42

Dames, 200m schoolslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang							Inschr.	Tijd	Pnt
1.	Donin Manon						ZIOS/21069/08	2:47.22	462
	50m:	39.95	100m:	1:25.12	150m:	2:11.94	200m:	2:57.87	
2.	Van Den Bergh Anna						ZS/21116/10	2:58.01	444
	50m:	40.79	100m:	1:27.35	150m:	2:13.91	200m:	3:00.21	
3.	Reychler Jinne						ZNA/21342/09	3:04.26	362
	50m:	42.80	100m:	1:33.01	150m:	2:23.39	200m:	3:12.83	
4.	De Sitter Kira						ZCK/22115/12	3:21.04	360
	50m:	43.57	100m:	1:32.21	150m:	2:23.34	200m:	3:13.18	

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Aalst, 20/12/2025

Programmanr. 21, Dames, 200m schoolslag, open leeftijdsgroep

Rang						Inschr.	Tijd	Pnt
5.	Kemseke Jenne				ZNA/21378/11	3:29.52	3:19.36	328
	50m: 46.67	100m: 1:37.07	150m: 2:28.84	200m: 3:19.36				
6.	De Wilde Margot				DIZV/21131/13	3:54.73	3:20.58	322
	50m: 46.64	100m: 1:38.69	150m: 2:30.50	200m: 3:20.58				
7.	Huylebroeck Telma				ZNA/21520/14	3:46.14	3:34.34	264
	50m: 48.18	100m: 1:42.83	150m: 2:39.29	200m: 3:34.34				
8.	Busquart Tina				RZV/21138/12	NT	3:34.72	262
	50m: 47.11	100m: 1:42.31	150m: 2:39.26	200m: 3:34.72				
9.	Moxhet Tess				DIZV/21133/13	4:08.46	3:38.07	250
	50m: 50.90	100m: 1:47.12	150m: 2:43.45	200m: 3:38.07				
10.	De Saeger Julie				ZCK/22142/10	NT	3:38.11	250
	50m: 49.41	100m: 1:45.38	150m: 2:44.01	200m: 3:38.11				
11.	Vanderoost Clara				DIZV/21148/13	NT	3:40.78	241
	50m: 50.72	100m: 1:47.52	150m: 2:44.63	200m: 3:40.78				
12.	Dumortier Milla				RZV/21169/13	NT	3:42.32	236
	50m: 51.09	100m: 1:47.65	150m: 2:45.66	200m: 3:42.32				
13.	Vandorpe Amber				ZNA/21477/13	3:40.91	3:44.36	230
	50m: 51.43	100m: 1:49.23	150m: 2:47.24	200m: 3:44.36				
14.	Vermoesen Estée				DDAT/21169/12	4:13.57	3:46.63	223
	50m: 50.53	100m: 1:48.05	150m: 2:46.28	200m: 3:46.63				
15.	Tronckoe Bente				DDAT/21167/13	NT	3:55.52	199
	50m: 50.81	100m: 1:52.57	150m: 2:54.81	200m: 3:55.52				
FF	Nsubuga Sofia				FFDDAT/21172/11	3:09.56		
FF	Talhaoui Hana				FFZNA/21406/14	3:39.61		

Programmanr. 22
20/12/2025 - 16:56

Heren, 200m schoolslag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang						Inschr.	Tijd	Pnt
1.	van Groenigen Karsten				STZ/11069/08	2:23.53	2:27.32	617
	50m: 31.86	100m: 1:09.99	150m: 1:48.54	200m: 2:27.32				
2.	Catry Gaetan				ZNA/11253/09	2:53.60	2:45.96	432
	50m: 34.75	100m: 1:16.87	150m: 2:00.67	200m: 2:45.96				
3.	Dekyvere Mathias				ZNA/11540/09	2:49.40	2:47.91	417
	50m: 36.74	100m: 1:20.34	150m: 2:05.03	200m: 2:47.91				
4.	Dufloucq Seppe				ISWIM/11066/06	2:43.12	2:48.47	413
	50m: 36.84	100m: 1:20.18	150m: 2:04.41	200m: 2:48.47				
5.	De Peyper Mats				ZIOS/11113/11	2:50.52	2:48.90	410
	50m: 38.40	100m: 1:22.65	150m: 2:06.36	200m: 2:48.90				
6.	Mertens Gerben				ZVL/11097/11	2:49.81	2:49.75	403
	50m: 38.43	100m: 1:22.45	150m: 2:06.78	200m: 2:49.75				
7.	Hauspie Niel				ISWIM/11114/13	2:54.18	2:50.29	400
	50m: 38.96	100m: 1:22.08	150m: 2:06.34	200m: 2:50.29				
8.	Vanstechelman Lucas				DDAT/11136/11	2:50.78	2:52.88	382
	50m: 39.23	100m: 1:24.14	150m: 2:09.43	200m: 2:52.88				
9.	Van Daele Sem				ISWIM/11109/08	2:44.20	2:55.06	368
	50m: 39.22	100m: 1:24.30	150m: 2:10.54	200m: 2:55.06				

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Aalst, 20/12/2025

Programmanr. 22, Heren, 200m schoolslag, open leeftijdsgroep

Rang						Inscr.	Tijd	Pnt
10.	Delcoigne Nathan					DDAT/11138/11	2:58.82	348
	50m: 40.50	100m: 1:26.70	150m: 2:12.37	200m: 2:58.26			2:58.26	
11.	De Donder Thor					ZNA/11376/12	2:59.16	338
	50m: 41.85	100m: 1:29.13	150m: 2:16.08	200m: 3:00.07			3:00.07	
12.	Van den Broeck Lukas					ZNA/11197/08	2:52.92	337
	50m: 40.43	100m: 1:27.25	150m: 2:14.20	200m: 3:00.19			3:00.19	
13.	Waltniel Bavo					ZNA/11542/12	3:07.28	336
	50m: 40.98	100m: 1:27.31	150m: 2:14.26	200m: 3:00.39			3:00.39	
14.	De Backer Rune					ZNA/11329/11	3:04.74	305
	50m: 40.80	100m: 1:28.55	150m: 2:18.12	200m: 3:06.38			3:06.38	
15.	Verhasselt Lars					DDAT/11151/11	3:29.65	249
	50m: 45.79	100m: 1:37.05	150m: 2:28.54	200m: 3:19.38			3:19.38	
16.	Jacquemyns Kobe					DDAT/11137/13	3:25.33	244
	50m: 44.46	100m: 1:36.06	150m: 2:29.20	200m: 3:20.72			3:20.72	
17.	Bombeek Mathias					ZNA/11417/12	NT	239
	50m: 45.23	100m: 1:36.65	150m: 2:29.92	200m: 3:22.19			3:22.19	
18.	Verstrynge Oscar					DIZV/11154/11	4:26.36	224
	50m: 46.15	100m: 1:39.28	150m: 2:33.61	200m: 3:26.58			3:26.58	
19.	Marius Mattis					AST/11070/13	3:30.07	222
	50m: 46.59	100m: 1:40.16	150m: 2:34.19	200m: 3:27.11			3:27.11	
20.	Haezebrouck Thijs					DIZV/11139/13	4:16.29	158
	50m: 52.45	100m: 1:52.61	150m: 2:52.16	200m: 3:51.98			3:51.98	
21.	Jacquemyns Lewis					DDAT/11175/14	NT	141
	50m: 54.63	100m: 1:56.17	150m: 2:59.27	200m: 4:00.64			4:00.64	
dis	Bossuyt Lias					disDIZV/11146/12	3:48.81	
	<i>SW 7.5.c - Afwisselende beenbewegingen of neerwaartse beenbewegingen vlinder (behalve zoals beschreven onder SW 7.1</i>							
FF	Wijsgeer Viktor					FFZVL/11112/10	2:37.20	

Programmanr. 23
20/12/2025 - 17:09

Dames, 200m vrije slag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang						Inscr.	Tijd	Pnt
1.	Eelbode Emelie					ZNA/21374/12	2:19.91	611
	50m: 30.82	100m: 1:04.16	150m: 1:39.46	200m: 2:12.19			2:12.19	
2.	Vandermarliere Juna					ISWIM/21090/11	2:18.91	525
	50m: 31.72	100m: 1:07.30	150m: 1:43.98	200m: 2:19.04			2:19.04	
3.	Verdood Pip					ZVL/21086/11	2:19.60	524
	50m: 32.36	100m: 1:07.71	150m: 1:44.01	200m: 2:19.18			2:19.18	
4.	Callewaert Jackie					ISWIM/21108/08	2:18.00	508
	50m: 31.45	100m: 1:07.53	150m: 1:44.41	200m: 2:20.59			2:20.59	
5.	Jacobs Lotte					ZVL/21061/09	2:19.03	503
	50m: 32.73	100m: 1:09.10	150m: 1:45.80	200m: 2:21.07			2:21.07	
6.	Verherstraeten Lore					DIZV/21108/11	2:25.95	478
	50m: 32.44	100m: 1:09.63	150m: 1:47.11	200m: 2:23.52			2:23.52	
7.	Bullen Lotte					ZNA/21538/11	NT	438
	50m: 33.95	100m: 1:11.52	150m: 1:50.55	200m: 2:27.70			2:27.70	

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 23, Dames, 200m vrije slag, open leeftijdsgroep

Rang						Inschr.	Tijd	Pnt
8.	Volders Ella				ZVL/21130/13	NT	2:27.84	437
	50m:	33.91	100m:	1:11.76	150m:	1:50.41 200m:	2:27.84	
9.	De Wolf Tine				AST/21058/09	2:27.08	2:28.79	429
	50m:	34.61	100m:	1:12.90	150m:	1:51.24 200m:	2:28.79	
10.	Van Der Meeren Lotte				DDAT/21118/10	2:25.63	2:29.12	426
	50m:	33.70	100m:	1:11.20	150m:	1:50.57 200m:	2:29.12	
11.	Claeys Inna				ISWIM/21085/11	2:30.85	2:29.81	420
	50m:	34.70	100m:	1:12.67	150m:	1:51.84 200m:	2:29.81	
12.	Meganck Lio				AST/21063/11	2:34.52	2:30.35	415
	50m:	34.78	100m:	1:13.46	150m:	1:53.92 200m:	2:30.35	
13.	Hauspie Nore				ISWIM/21110/10	2:29.56	2:30.39	415
	50m:	34.73	100m:	1:13.11	150m:	1:52.15 200m:	2:30.39	
14.	Vander Mijnsbrugge Lore				AZL/21109/12	2:31.88	2:30.49	414
	50m:	34.86	100m:	1:13.41	150m:	1:53.68 200m:	2:30.49	
15.	Boterbergh Lieke				AST/21065/12	2:30.85	2:30.64	413
	50m:	34.89	100m:	1:13.79	150m:	1:52.93 200m:	2:30.64	
16.	Wyffels Louise Marie				DDAT/21150/13	2:39.85	2:31.42	407
	50m:	34.42	100m:	1:13.48	150m:	1:53.11 200m:	2:31.42	
17.	Quartier Philine				ISWIM/21094/09	2:22.07	2:32.05	402
	50m:	33.84	100m:	1:12.43	150m:	1:53.20 200m:	2:32.05	
18.	De Prater Juno				DDAT/21148/11	2:40.56	2:35.62	375
	50m:	35.13	100m:	1:14.42	150m:	1:55.02 200m:	2:35.62	
19.	Hoebbeeck Tinne				ZNA/21330/10	2:33.24	2:35.78	373
	50m:	36.39	100m:	1:17.05	150m:	1:57.31 200m:	2:35.78	
20.	Van Hoomissen Chelsea				ZCK/22112/12	2:36.09	2:36.86	366
	50m:	35.16	100m:	1:15.49	150m:	1:57.16 200m:	2:36.86	
21.	Van Camberg Elena				DDAT/21119/10	2:40.93	2:40.84	339
	50m:	36.40	100m:	1:16.72	150m:	1:59.41 200m:	2:40.84	
22.	Debaets Elien				AZL/21118/13	2:47.67	2:44.18	319
	50m:	37.45	100m:	1:20.70	150m:	2:04.49 200m:	2:44.18	
23.	Vellemans Lore				ZNA/21475/13	3:08.29	3:02.52	232
	50m:	41.67	100m:	1:28.86	150m:	2:17.29 200m:	3:02.52	

Programmanr. 24
20/12/2025 - 17:19

Heren, 200m vrije slag

open leeftijdsgroep
Resultaten

Punten: AQUA 2025

Rang						Inschr.	Tijd	Pnt
1.	Laureyssens Daniel				ZS/11001/04	1:52.21	1:54.30	710
	50m:	26.00	100m:	54.91	150m:	1:24.77 200m:	1:54.30	
2.	Seghers Michiel				DDAT/11098/07	2:04.70	2:06.38	525
	50m:	29.04	100m:	1:01.62	150m:	1:34.59 200m:	2:06.38	
3.	Volckaert Matthias				ZIOS/11067/08	2:04.64	2:07.28	514
	50m:	28.63	100m:	1:00.38	150m:	1:34.23 200m:	2:07.28	
4.	Wachtelaer Celle				AST/11061/12	2:09.46	2:07.46	512
	50m:	29.62	100m:	1:01.82	150m:	1:35.27 200m:	2:07.46	
5.	Caudron Xibe				ZNA/11331/08	2:12.34	2:07.73	509
	50m:	28.71	100m:	1:00.10	150m:	1:33.80 200m:	2:07.73	

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 24, Heren, 200m vrije slag, open leeftijdsgroep

Rang						Inscr.	Tijd	Pnt
6.	Persoons Emiel				ZIOS/11078/08	2:08.26	2:08.27	502
	50m: 29.81	100m: 1:02.72	150m: 1:36.33	200m: 2:08.27				
7.	Volckaert Thomas				ZIOS/11106/10	2:11.29	2:13.17	449
	50m: 31.22	100m: 1:05.24	150m: 1:40.38	200m: 2:13.17				
8.	Pauwels Millau				ISWIM/11086/11	2:12.96	2:14.07	440
	50m: 30.84	100m: 1:05.73	150m: 1:41.01	200m: 2:14.07				
9.	Vanderhaeghe Antwan				ISWIM/11097/09	2:14.65	2:14.92	432
	50m: 29.83	100m: 1:04.86	150m: 1:40.32	200m: 2:14.92				
10.	Verhaevert Nan				ZNA/11328/10	2:17.56	2:18.02	403
	50m: 30.11	100m: 1:05.71	150m: 1:43.09	200m: 2:18.02				
11.	Boone Felix				AZL/11111/09	2:23.51	2:22.88	363
	50m: 32.06	100m: 1:08.38	150m: 1:46.23	200m: 2:22.88				
12.	De Cock Matz				AZL/11104/10	2:24.03	2:23.12	361
	50m: 32.34	100m: 1:08.94	150m: 1:46.77	200m: 2:23.12				
13.	Janssoone Dennis				ZNA/11269/09	2:26.31	2:24.05	355
	50m: 31.92	100m: 1:09.63	150m: 1:49.33	200m: 2:24.05				
14.	Waltniel Nand				ZNA/11543/10	2:30.47	2:24.26	353
	50m: 31.86	100m: 1:08.84	150m: 1:48.02	200m: 2:24.26				
15.	Verherstraeten Kobe				DIZV/11104/10	2:37.56	2:28.15	326
	50m: 33.50	100m: 1:11.60	150m: 1:50.97	200m: 2:28.15				
16.	Osselaer Elano				ZNA/11371/11	2:30.32	2:28.85	321
	50m: 34.12	100m: 1:13.34	150m: 1:52.39	200m: 2:28.85				
17.	Vernaillen Seppe				ZNA/11541/12	2:35.27	2:29.36	318
	50m: 33.87	100m: 1:13.59	150m: 1:52.68	200m: 2:29.36				
18.	De Weerd Bent				ZVL/11120/13	NT	2:33.62	292
	50m: 35.34	100m: 1:14.92	150m: 1:55.07	200m: 2:33.62				
19.	De Roos Kasper				ZCK/12132/14	NT	2:38.64	265
	50m: 35.78	100m: 1:15.72	150m: 1:58.30	200m: 2:38.64				
20.	Lauwens Finn				ZCK/12138/14	NT	2:45.82	232
	50m: 36.60	100m: 1:20.19	150m: 2:01.32	200m: 2:45.82				
21.	Props Lukas				DIZV/11147/13	3:09.69	2:53.71	202
	50m: 40.53	100m: 1:27.40	150m: 2:15.43	200m: 2:53.71				
22.	Windels Maxent				RZV/11189/14	NT	3:21.92	128
	50m: 46.18	100m: 1:37.63	150m: 2:31.20	200m: 3:21.92				
FF	Verroken Gerben				FFZIOS/11130/08	NT		